

# Warning Order 197 RCACS Typhoon Squadron FALL FTX

**Report Location:** Rockwood Conservation Area – Parent drop off at main gate

Report Date/Time: Saturday Oct 5, 2019 at 0830

**Return Location** Rockwood Conservation Area – Parent pick up at main gate

Return Date/Time: Sunday Oct 6, 2019 at 1600 (4pm)

**Purpose:** Staff and Cadets from 197 Squadron will participate in a 2 day

Mandatory Aircrew Survival Exercise.

Officer in charge: Capt R Dobbs (905) 699-0469

**Contact Officer:** Lt Dobbs, B (905) 299 2899

\*\*Advance Party will receive a separate Warning Order

Kit List attached

Meals will be provided

Cadets will stay overnight in tents

CADETS MUST BRING THE FOLLOWING

## **HEALTH CARD/MEDICAL SHEET**

**Orders:** Ref. is made to CCP 254, Section 3, Para 73, 74, & 75 in regards to discipline and conduct. Cadets and Officers are reminded that CF orders pertaining to drugs, tobacco, alcohol and pornography apply.

# 25-26 May 2019 Survival FTX KIT LIST

The following lists will detail the equipment you are required to bring:

#### **HEALTH CARD - NO CARD = NO GO!**

- Warm Sleeping Bag
- Pillow
- Appropriate civilian wear to suit weather
- Underwear (3 pair)
- Wool Socks (2 pair)
- Athletic socks (2 pair)
- Long Sleeve shirts
- Sweatshirt/Hoodie (1)
- Winter/Rain Coat
- Warm Pants (ie: track pants)
- Baseball Hat, Toque and Gloves
- Proper footwear comfortable for PT, hiking, and wet weather
- Lip Balm (Chapstick/Blistex) and sunscreen
- Personal hygiene kit (soap, toothbrush, toothpaste, deodorant, towels, etc.)
- Duffle Bag and Day Pack (pack your gear so that it can get rained on)
- Refillable water bottle
- Extra Dry Clothes to change into, if wet weather occurs
- Prescription medication in original bottles will be reported to the exercise Admin O upon arrival to site on Sunday.

## You will not bring or have in your possession:

- Alcohol
- Knives
- Cigarettes
- Matches or Lighters
- Non-prescription Drugs

Leave valuables at home – do not bring anything you are not willing to lose, label all your kit/ equipment. Cell phones are acceptable for use during free time only; there will be minimal free time.

THE CANADIAN FORCES DRUG/ALCOHOL AND CANNIBIS POLICY WILL BE STRICTLY ADHERED TO AT ALL TIMES DURING THE WEEKEND AND IS APPLICABLE TO ALL CADETS, CIC OFFICERS, AND CIVILIANS.

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